

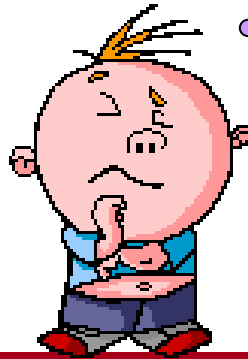
What
do I
have to
do?

What is
it?

What
Next?

What do
I get out
of it?

How
does it
work?










It's a programme of activities for anyone aged 14-25

 
You can take part in lots of
 
fun activities

You can gain Accreditation for these Activities i.e. A Duke of Edinburgh's Award




What is it?

 There are 4 sections:

 Voluntary  PE  Skills  Expedition



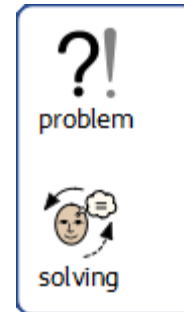
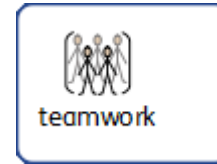
How does
it work?

Bronze Award (14 + years)

Voluntary	Skills	Physical Recreation	Expeditions
3 months	3 months	3 months	Plan, prepare for and undertake a 2 day, 1 night venture

All participants must undertake a further 3 months in either the **Voluntary** Skills or Physical Recreation Section

**..Fun.....New Friends...
New Challenges...
..Improving Existing
Skills...Teamwork...
..Exciting Experiences...
..Communication
Skills...Confidence...CV
...Progress File...
Independence....Self
Awareness...Problem
Solving...Planning...
New Skills....**



**What
do I
get
out of
it?**

