

Try and make sure you read each day

English	Maths	Science	PSHE
Act out your play with the adults at home. Dress up to be fully in character, make you and the adults at home know your lines!	Measure your Height, then measure the length of a room in your house. If you lay down flat, how many of you could fit across the length of that room?	Watch https://www.bbc.co.uk/teach/class-clips-video/chemistry-science-biology-ks3-ks4-gcse-bacteria-and-the-development-of-an-oxygen-rich-atmosphere/znhtscw and complete worksheet <i>Gases in the Air 4</i>	Who supports you ? Who supports your health ? Who supports your mental wellbeing ?
Write a short play on your superhero saving the day! Don't forget to include other characters such as the villain and to set a setting.	Measure everyone in your house. What is the height difference between the tallest person and the shortest person?	Watch https://www.bbc.co.uk/teach/class-clips-video/exploring-gases-in-the-air-around-us/z6sfbdm and complete worksheet <i>Gases in the Air 3</i>	Research the word advice - what does it mean? How do you give advice to someone ?
Write a short description on your superhero. Include lots of adjectives to describe them and how amazing their superpowers are.	Measure everyone in your house. If you add them all together what height do you get?	Watch https://www.bbc.co.uk/teach/class-clips-video/exploring-gases-in-the-air-around-us/z6sfbdm and complete worksheet <i>Gases in the Air 2</i>	Write down who works in school ? Do you know their name ? Can you put them in the columns ?
Make a mind map on your own superheroes. Include their superpowers, how they became a superhero and don't forget about your superheroes costume!	Measure 4 things in your bedroom and put them in order from shortest to tallest.	Watch the first 3 minutes of https://www.bbc.co.uk/teach/class-clips-video/exploring-gases-in-the-air-around-us/z6sfbdm and complete worksheet <i>Gases in the Air 1</i>	How many people can you write down who work in the whole school ?
Make a mind map on all your favourite superheroes, don't forget to say why they are your favourite.	Measure everyone in your house using a tape measure. Who is the tallest? Who is the shortest?	Watch the first 3 minutes of https://www.bbc.co.uk/teach/class-clips-video/exploring-gases-in-the-air-around-us/z6sfbdm Use it to write down the 2 main gases in the air.	Write a list of all the people who work in your classroom





Cooking	Art
<p>AC1.1 Identify the current nutritional guidelines. https://www.nhs.uk/live-well/eat-well/eight-tips-for-healthy-eating/ Open the link , record the 8 points in your own words on the PowerPoint work book (TBC)</p> <p>AC1.2 & 1.3 Identify the main nutrients needed by the body with sources. Vitamins/minerals. Open the link, record the information. https://www.nhsinform.scot/healthy-living/food-and-nutrition/eating-well/vitamins-and-minerals Protein and carbohydrates https://www.nhs.uk/live-well/eat-well/food-and-drinks-for-sport/ Fats and Oils https://www.nhsinform.scot/healthy-living/food-and-nutrition/eating-well/vitamins-and-minerals#fats</p>	<p>Can you create a tonal drawing of your palace? try and include lots of shading and little details such as your ice creature.</p>
<p>AC2.2 Plan healthy meals for 2 days to meet a range of diets http://www.foodincare.org.uk/special-diets/special-diets-and-medical-conditions Look at the website for a number of special diets, choose 6 and record the diet and foods they can eat and can't eat. Choose meals for each that could be made for each diet. Do a meal for Breakfast/Lunch/Dinner and record the information on the PowerPoint.</p>	<p>Using materials, you would re-cycle at home, can you make a model of your palace? remember to use lots of different shaped objects to create towers.</p>
<p>AC3.1 Produce 4-6 dishes and adapt them to make them healthy (use alternative cooking methods that are healthy) Recipe book and evaluation pack to follow to ensure that you are able to complete the recipe take a photo and complete the evaluation for the dishes.</p>	<p>Using paper and scissors can you make lots of paper snowflakes? make sure that each snowflake is different. Remember to ask an adult for help if needed to cut through the thick layer of paper.</p>
<p>Extension task 1 If you have completed the work for this unit - Research the following online Effective nutrition and exercise for maintaining health. Create a poster demonstrating what you have learnt. Make sure to include detail, Pictures and top 10 foods needed to boost energy and provide nutrients.</p>	<p>Your palace needs protecting from outsiders! Can you create a snow or ice creature to protect you and your palace? don't forget to give your creature a name.</p>
<p>Extension task 2 Research special diets and include the following on a PowerPoint Presentation; Diet</p> <ol style="list-style-type: none"> 2. Include main points related to the diet 3. What foods are suitable on the diet 4. What foods should you not eat and Why <p>Choose 3-4 diets that can be found on task AC2.2 above (use the web link to research this information)</p>	<p>Create an ice palace or castle! Use lots of different shapes and patterns on different parts of the palace to create height, windows, and textures. Watch the film Frozen for inspiration.</p>



Citizenship	Humanities	RE
<p>What agencies involved in the criminal justice system and what is their role? What does an arresting officer do ? What does a solicitor do? Find out and complete the Powerpoint</p>	<p>Write a definition of what a natural environment is and either draw or collect pictures of examples. Make sure you label the different natural environments. Then add a statement to each environment to say why it is fragile.</p>	<p>Complete a belief log Today's Question is: Who am I and how will I change? I believe that... Because... I also believe this because... Someone might disagree with me because... This belief changes my life because...</p>
<p>What agencies are involved in the criminal justice system ? Who will you have to deal with if you get arrested - how do you get a solicitor? Find out and complete the Powerpoint</p>	<p>Write a definition of what a natural environment is and either draw or collect pictures of examples. Make sure you label the different natural environments.</p>	<p>Complete a belief log Today's Question is: Who am I and how will I change? I believe that... Because... Someone might disagree with me because...</p>
<p>What is meant by the criminal justice system ? What happens if the police arrest you ? Then what happens, do you know? Find out and complete the Powerpoint</p>	<p>The following are examples of Natural Environments- Antarctica, tropical rain forest, coral reef, sand dunes, peat bogs, woodland, wetland and marshes. Pick three of these to either collect images of or draw. Then add labels of the different features of the environment.</p>	<p>Complete a belief log Today's Question is: Who am I and how will I change? I believe that... Because... Someone might disagree with me because...</p>
<p>What is meant by the criminal justice service ? What does it do ? - make a Powerpoint</p>	<p>The following are examples of Natural Environments- Antarctica, tropical rain forest, coral reef, sand dunes, peat bogs, woodland, wetland and marshes. Choose two and either draw or collect an image of them. Then write a list of the differences between the two environments.</p>	<p>Complete a belief log Today's Question is: Who am I and how will I change? I believe that... Because... I also believe this because...</p>
<p>How are the police and prison service part of the justice system? Use the resources to make a Powerpoint</p>	<p>Pick one of the following Natural Environments- Antarctica, tropical rain forest, coral reef, sand dunes, peat bogs, woodland, wetland and marshes and then draw an image of it or collect one. You then need to label the features/characteristics of the Environment.</p>	<p>Complete a belief log Today's Question is: Who am I and how will I change? I believe that...</p>



D of E	John Muir	Travel and Tourism	Sports Leaders
Take part in a John Muir Award and help to conserve nature from home	Make your initials become 3d, out of sticks and fill them with leaves. Take a photograph	We have lots of lovely places to visit in Telford and Shropshire: can you make a leaflet or brochure advertising them?	Feedback (writing) What they did good in your session? What could they improve on next time?
Prepare some sessions for KS3 PE	Collect them and make some leaf animals out of them - a bird, squirrel, hedgehog etc.	We have lots of lovely places to visit in Telford and Shropshire: can you make a flyer advertising them?	Refereeing/official (writing) What are the rules of the game if you refereeing the game
Prepare some meal parcels, go shopping or walk the dog of people who have been affected by-COVID-19 (agree with parents first)	Discuss why leaves change colour in Autumn - brown, red, rust colours	Telford is famous for the Ironbridge World Heritage site: can you write a short advert and draw a picture of the Ironbridge?	Three different Drills (writing) Choosing your specific sport, What three drills in your sport would you focus on.
- Skype talk / FaceTime / WhatsApp call an elderly neighbour to prevent isolation	Go on a walk and see how many different seeds and leaves you can spot.	Go on a walk in your local area with an adult from your household. Talk about: What things may attract tourists to your area?	Warm up game (writing) Choose warm up game stuck in the mud, tig, bulldog maybe you have your own game
Design a rules poster for breaktime sport	Make a skeleton (or a teacher) out of twigs, sticks and leaves. Don't forget to name it.	Draw a poster for a seaside resort with pictures of things which will attract the tourist (ice cream)	Warm up and stretches (writing) Choose your one sport to focus on, What warm ups can we do running, walking, sprints.



Trade	Childcare	Enterprise
Complete tool identification sheet in plumbing workbook pages 3-5	List 6 items you would need to buy when you leave hospital after giving birth. Write a description of what they are and why they are essential	Can explain 3 different types of primary research - use the internet and present your findings on Word https://www.bbc.co.uk/bitesize/guides/zpcvpck/revision/1
	List 6 items you would need to buy when you leave hospital after giving birth. Write a description of what they are and why they are essential and how they are used	Can explain 3 different types of primary research, with support- use the internet and present your findings on Word https://www.bbc.co.uk/bitesize/guides/zpcvpck/revision/1
	List 6 items you would need/could have to buy when you leave hospital after giving birth. Write a description of what they are and why they are essential/desirable	Can explain primary market research - use the internet and present your findings on Word https://www.bbc.co.uk/bitesize/guides/zpcvpck/revision/1
	List 6 items you would need to buy when you leave hospital after giving birth. Write a sentence explaining why they are essential	Can explain primary market research, with support- use the internet and present your findings on Word https://www.bbc.co.uk/bitesize/guides/zpcvpck/revision/1
	List 6 items you would need to buy before you leave hospital after giving birth	What questions would you ask an unfamiliar person? Practice them. Think about what words you would not use.



DT	PE	Performing Arts
<p>Make your cartoon character more 3D by adding layers of clothing (use items from recycling to make items of clothing) now add material to make it look more realistic - old tea towels, , old T-shirt's. Please ask permission before you cut any material!</p>	<p>Can name organs in the cardiovascular system</p>	<p>Watch an advert of your choice. This can be online or on the television. Then make notes on; Music used, Props featured, acting techniques, Language used and what the purpose of the advert is.</p>
<p>Make your cartoon character more 3D by adding layers of clothing (use cardboard from recycling to make items of clothing</p>	<p>Can name 3 exercises that improve cardiovascular</p>	<p>Was it successful in your opinion? Did it make you want to buy the product, visit that place, help or donate to a charity? (This could be word processed, put into a power point or just handwritten)</p>
<p>Design(draw) your own cartoon character using pencil and paper include colour and shading and add texture of the fabric.</p>	<p>Can challenge themselves personally throughout the fitness session to improve their cardiovascular fitness</p>	<p>Watch an advert of your choice. This can be online or on the television. Then make notes on; Music used, Props featured, Language used and what the purpose of the advert is?</p>
<p>Design(draw) your own cartoon character using pencil and paper include colour and shading</p>	<p>Can take part in a cardiovascular fitness session</p>	<p>Watch an advert of your choice. This can be online or on the television. Then make notes on; Music used, Props featured, and Language used. (This could be word processed, put into a power point or just handwritten)</p>
<p>Design (draw) your own cartoon character using pencil and paper</p>		<p>Watch an advert of your choice. This can be online or on the television. Then make notes on; Music used during the advert and any props featured.</p>



Careers

What does Transition mean? Write down your answer.

What job would you like to do when you leave College?

Research your choice of job and write about it. Include the training you would need and which college you could go to? What course could you do?

What does Transition mean? Write down your answer.

What job would you like to do when you leave College?

Which college would you like to go to and why?

Create a poster showing your ideas.

What does Transition mean? Write down your answer.

What job would you like to do one day?

Which College would you like to go to?

Use Google to find your chosen College. Write down a course that you could do. Do a virtual tour of the College.

What does Transition mean? Write down your answer.

What job would you like to do one day?

Which college would you like to go to?

Use Google to find it and do a virtual tour.

What does Transition mean? Ask an adult.

What job would you like to do one day? Draw a picture.

Ask an adult to help you find out about a college that you could go to.