

The Peri-ometer suggests the difficulty or challenge the homework may offer. Try at **least one 'EXTRA HOT'** task! You must complete four tasks this half term, one from each subject.

Key Stage 3

Choose your homework from the menu below



| English | Maths | Science | PSHE |
|---|--|--|---|
| Write a short story about setting up your own café, saying which foods you would serve. Use adjectives and conjunctions. | Find out the foods you should eat if you were going to run a marathon (26 miles). Write down how much of each type of food you would need over a period of 25 weeks in order to build up your strength. You should create a graph of your results. | Make a model of a plant cell. | Check a bus timetable and catch a bus to a place of your choice |
| Write a paragraph about your favourite food, using conjunctions. | Find out which foods (1) give you the most energy, (2) are better at building up your muscles, (3) keep you awake or (4) make you go to sleep. How did you decide which foods go in which category? Were there any measurements you used? Write down any numbers involved and explain what the numbers mean. | Make a model of an animal cell. | Change your own duvet cover for a month |
| Write down your favourite recipe (you can research on-line or in a book) and do a list of instructions for making the recipe. | Keep a food diary for a week. Write down every single thing that you eat for a period of 7 days. Find out how many calories each item contains and work out the number of calories you have eaten altogether. Is this too much, too little or about right? | Find out what a sunflower needs to grow tall. Test out your ideas on a seed. | Iron your own school uniform all week |
| Keep a food diary for a week, writing down everything you eat and drink (including snacks) each day. | Make a list of all the different things that you eat each week. Put these items into one of these groups: Sugary items (including sugary drinks), Fruit and vegetables, Dairy products, Meat and fish, Rice and pasta, Other | Which plants do we get chocolate, rubber, sugar and cotton from? | Sort, wash and dry five loads of washing |
| Collect pictures from a magazine and use them to create a healthy eating plate, labelling different foods. | Collect some food packets, cut out any numbers you see and glue them into your homework book. | Draw your favourite plant and label four important parts. | Lay the table for a meal |